



BIOGRAPHY

UNITED STATES AIR FORCE

Lieutenant Colonel (DR.) JUSTIN E. SANDHOLM

Lt Col (Dr.) Justin E. Sandholm serves as the Optometry Flight Commander, 60th Aerospace Medicine Squadron, Travis Air Force Base, CA, where he directs the provision of comprehensive eye care services ensuring preventive medical care and maximum wartime readiness for 36,000 beneficiaries. He supervises wing vision consultation services including ballistic eyewear, laser injury and vision safety programs in support of 7,800 active duty members and 1,100 aviators stemming from 4 branches of service. Lt Col Sandholm also serves as the 60th Medical Group Wing Inspection Team Chief and the Air Mobility Command Optometry Consultant. Additionally, he serves as the Secretary/Treasurer on the Armed Forces Optometric Society Executive Board, facilitating strategic guidance for 1,000 Federal Service Optometry members. Prior to this assignment, Lt Col Sandholm served as the 18th Medical Group's Senior Biomedical Sciences Corps Executive, providing support and management of a \$16 million enterprise encompassing 9 facilities and 561 personnel charged with serving 15,000 beneficiaries.



Lt Col Justin Sandholm first entered military service as a hospital corpsman with the Navy Reserve in January 1992 and received an honorable discharge in January 2000. He practiced optometry in the civilian sector for 6 years prior to receiving a direct commission in August 2007. Lt Col Sandholm is residency trained, board certified and an adjunct clinical professor.

EDUCATION

- 1996 Bachelor of Science degree in biology, South Dakota State University, Brookings, South Dakota
- 2001 Doctor of Optometry degree, Southern California College of Optometry, Fullerton, California
- 2008 Squadron Officer School, Non-residence
- 2008 Aviation and Special Duty PRK Certification Course, San Antonio, Texas
- 2011 Air Command and Staff College, Non-residence
- 2012 VA Residency in Primary Care Optometry and Low Vision Rehabilitation, Palo Alto, California
- 2016 Intermediate Executive Skills Course, San Antonio, Texas
- 2016 Biomedical Sciences Executive Green Belt Training, San Antonio, Texas
- 2019 Master of Public Health degree, Salus University, Elkins Park, Pennsylvania

ASSIGNMENTS

1. September 2007 – September 2009, Chief, Aerospace Optometry, MacDill Air Force Base, Florida
2. September 2009 – June 2011, Chief, Operational Optometry, RAF Lakenheath, United Kingdom
3. June 2011 – July 2012, AFIT Optometry Resident, VA Palo Alto Health Care System, Palo Alto, California
4. July 2012 – July 2015, Optometry Flight Commander, MacDill AFB, Florida

5. July 2015 – July 2018, Optometry Flight Commander/Biomedical Sciences Corps Executive, Kadena Air Base, Okinawa, Japan
6. July 2018 – Present, Optometry Flight Commander, Travis Air Force Base, California

MAJOR AWARDS AND DECORATIONS

Meritorious Service Medal with two oak leaf clusters

Air Force Commendation Medal

Naval Reserve Meritorious Service Medal

OTHER ACHIEVEMENTS

2008 Company Grade Officer of the Year, 6th Medical Group, MacDill AFB, Florida

2009 USAF Colonel P Timothy Ray CGO Optometrist of the Year Award, United States Air Forces in Europe

2010 USAF Colonel P Timothy Ray CGO Optometrist of the Year Award, United States Air Forces in Europe

2016 Armed Forces Optometric Society Air Force Senior Optometrist of the Year Award

EFFECTIVE DATES OF PROMOTION

Capt December 22, 2004

Major July 01, 2010

Lt Col November 01, 2017

(Current as of May 2020)